



SLEEP LAB

The Sleep Lab at Nor-Lea Hospital District offers a comfortable and private environment for various services, sleep studies and was the first of its kind in New Mexico to be accredited by the American Association of Neuromuscular and Electrodiagnostic Medicine. Each room is equipped with a private bathroom and quiet surroundings. Sleep specialists or neurologist (if needed) are available for consultations. The sleep lab is directed by Jeffrey Nelson, M.D, Neurologist at Nor-Lea's Professional Physicians Center.

Services We Provide

- Polysomnography
- Continuous Positive Airway Pressure Machine CPAP Titration
- Bilevel Positive Airway Pressure Machine BiPAP Titration
- Multiple Sleep Latency Test MSLT
- Mask Fitting
- Positive Airway Pressure PAP Nap
- Obstructive Sleep Apnea OSA
- Overnight Pulse Oximetry
- Home Sleep Testing
- Oral Appliances
- Electroencephalography EEG Exams
- Actigraphy

We Most Commonly Treat

- Daytime Fatigue
- Hypersomnolence
- Nocturnal Oxygen Desaturation
- Sleep Apnea

Exceptional Care Right Here in Lea County

Jeffrey Nelson, M.D. is board-certified by the American Board of Psychiatry and Neurology with subspecialty certifications in Headache Medicine, Electrodiagnostic Medicine and Sleep Medicine. He is a member of the American Academy of Neuromuscular and Electrodiagnostic Medicine and American Academy of Neurology.

OFFICE HOURS:

Monday - Thursday

8:00 a.m. - 5:00 p.m.

Friday

8:00 a.m. - 12:00 p.m.

LAB HOURS:

Sunday - Friday

7:00 P.M. - 6:00 A.M.

UNITED IN SERVICE. TRUSTED FOR LIFE.

Sleep Lab

Nor-Lea Hospital District

Phone: (575) 396-9087

Fax: (575) 396-3729