



DIABETES EDUCATION

The Nor-Lea Diabetes Education Program is a valuable source of education and counseling for our community. Our certified diabetes educator, registered nurse and registered dietician offer comprehensive and compassionate hands-on education to help you through your diabetes journey. They cover topics including meal planning, medications, blood sugar monitoring, exercise, lifestyle changes and stress management.

We are an Association of Diabetic Care & Education Specialists program and are covered by most insurance companies. Give us a call and begin your journey today.

Services We Provide

- Nutrition Education
- Blood Sugar Monitoring
- Medication & Insulin Management
- Physical Activity Plan
- Classes in Hobbs & Lovington offered in Spanish and English
- Individual and Family Counseling
- Pediatric Nutrition Counseling

| (575) 396-6611 ext. 1794 | NOR-LEA.ORG |



We Most Commonly Treat

- Type 1 Diabetes
- Type 2 Diabetes
- Gestational Diabetes
- Obesity in Adults & Children

Nina Colvin, MS, RD, CDE

Dietician & Diabetes Education Coordinator

CLINIC HOURS:

Monday – Friday | 8:00 A.M. – 5:00 P.M.

UNITED IN SERVICE. TRUSTED FOR LIFE.

Diabetes Education
Nor-Lea Hospital District
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