



## CARDIAC REHABILITATION

The Cardiac Rehabilitation Program at Nor-Lea Hospital District is the only cardio-pulmonary rehab in southern New Mexico. Our dedicated team is focused on patient-centered care while creating exceptional experiences. Our outpatient program offers advanced techniques, education with smaller class sizes and more individualized care to improve your heart health.

### SERVICES WE PROVIDE

- Vital sign monitoring
- Blood glucose monitoring for diabetic patients
- Depression screening & evaluation
- Nutritional counseling & education
- Continuous ECG monitoring
- Lipid panel monitoring

### WE MOST COMMONLY TREAT

- Myocardial Infarction Heart Attack
- Coronary Artery Bypass Graft CABG
- Congestive Heart Failure
- Stable Angina
- Percutaneous Transluminal Coronary Angioplasty PTCA

### CLINIC HOURS:

Monday - Thursday

8:00 A.M. - 4:00 P.M.

UNITED IN SERVICE. TRUSTED FOR LIFE.

**Cardiac Rehabilitation**  
**Nor-Lea Hospital District**  
**1600 N. Main | Lovington, NM 88260**

**Phone: (575) 396-6611 ext. 1294**

**Fax: (575) 396-9070**

# PULMONARY REHABILITATION

The trusted staff of the Pulmonary Rehabilitation Center at Nor-Lea Hospital District offer therapeutic services to help you live and breathe better while reducing the risk of future pulmonary disease. We are committed to providing an exceptional experience through smaller class sizes and more individualized care with the only cardio-pulmonary rehab in southern New Mexico.

## SERVICES WE PROVIDE

- Vital sign monitoring
- Blood glucose monitoring for diabetic patients
- Depression screening & evaluation
- Nutritional counseling & education
- Continuous ECG monitoring
- Pulmonary Function Tests PFT, prior to Admission and at Completion
- Disease Education
- Breathing Technique

## WE MOST COMMONLY TREAT

- Chronic Obstructive Pulmonary Disease COPD
- Emphysema
- Chronic Bronchitis
- Cystic Fibrosis
- Asthma
- Pulmonary Fibrosis

## CLINIC HOURS:

Monday – Thursday | 8:00 A.M. – 4:00 P.M.

Friday | 8:00 A.M. – 1:00 P.M.

UNITED IN SERVICE. TRUSTED FOR LIFE.

**Pulmonary Rehabilitation**  
**Nor-Lea Hospital District**  
**1600 N. Main | Lovington, NM 88260**  
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